

**Sometimes the
Road to Resiliency looks
like this**

If you find yourself with a problem and not able to make a decision because you are too scattered, have circling thoughts or can only imagine the worst case scenario, you need to "Put It In Perspective"!



**Family Member Resiliency Training
Presents
The Road to Resiliency**

“Put It In Perspective”

**10 April, 1800-2000
ACS Ballroom, Building 920
No registration required!**



**For more information, please contact
337-531-0772 or 337-653-3173.**

